



IMMANUEL
CRYSTAL LAKE

Christ Jesus who died—more than that, who was raised to life—is at the right hand of God and is also interceding for us.
Romans 8:34

March 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
PLEASE SEE BELOW FOR MILK & SALAD BAR INFORMATION					1 Cheese Pizza Green Beans Apples Chocolate Chip Cookie*	2
3	4 Buttered Noodles Roasted Tomatoes Roasted Chickpeas Carrots Pears	5 Apple Cinnamon Muffins Yogurt & Granola Hash Browns Peaches	6 Chicken Fried Rice Broccoli & Bok Choy Mandarins	7 Beef Nachos Black Bean Salsa Guacamole Sour Cream Grapes	8 Loaded Baked Potato Chili Cornbread Cauliflower & Ranch Apples	9
10	11 Hot Dogs Tater Tots Celery & Ranch Applesauce	12 Chicken Parmesan w/ Pasta Green Beans Peaches	13 Beef Tacos w/ Fixings Refried Beans Chips & Salsa Mandarins EARLY RELEASE	14 Tomato Soup w/ Grilled Cheese Broccoli & Ranch Banana	15 Pulled Pork Sandwich Sweet Potato Fries Peas Pears	16
17	18 Ham & Cheese Sliders Celery Sticks & Ranch Tater Tots Pineapple	19 Baked Chicken & Rice Carrots & Broccoli Ranch Mandarins	20 Beefy Mac & Cheese Green Beans Apple	21 Chicken Alfredo w/ Pasta Cauliflower & Broccoli Ranch Peaches	22 Deli Sandwich Hummus Pretzels Carrots & Cucumber Pears	23
24/31	25 NO SCHOOL SPRING BREAK	26 NO SCHOOL SPRING BREAK	27 NO SCHOOL SPRING BREAK	28 NO SCHOOL SPRING BREAK	29 NO SCHOOL SPRING BREAK	30

Fruits & Vegetables are subject to change due to quality and availability.

Milk (1% plain or skim chocolate*) is offered daily as a component of the meal. Students who do not drink/want milk may decline it if other required meal components are met.

Salad Bar is offered and made to order daily as a main entrée alternative and consists of the following ingredient options on a bed of lettuce: ham, chicken, green pepper, tomato, cucumber, carrots, cheddar cheese, and black olives. Choice of Ranch, Caesar, or Italian Dressing and a cracker/roll side is included with the Salad Bar.

***Preschool menu modifications:** As per the USDA, only unflavored milk is allowed, all grains are whole grain rich and no grain-based desserts are allowed.